



Jim and Ann DeLong have been married for 46 years. Ann was raised as a Roman Catholic and Jim joined the church in 1992. For the past 34 years they have been actively involved in local parishes working with religious ed., youth programs, Knights of Columbus and serving on various councils and commissions. They have served on the teams of Cursillo and Life in the Spirit. Jim and Ann have spent the past 25 years studying spiritual warfare and spiritual dream interpretation as well as generational healing. They have spoken at various retreats on the Holy Spirit, inner healing, forgiveness and marriage. They have recently retired after 12 years as Director of Religious Education and Youth Minister at Holy Redeemer Parish in North Bend,

“HEALING THROUGH FORGIVENESS”

A RETREAT ON INNER HEALING.

St. Rita’s Retreat Center Gold Hill, Oregon
June 12-14, 2026

What is forgiveness? What it is not. Who and why do I need to forgive?
What does scripture say? Jesus as our model for forgiveness.

Directions to St.Rita’s: *From the South:*

Take exit 35 off 1-5. Go right 1.2 miles. Turn left towards Gold Hill on Blackwell Road. Go 3.3 miles to 10800 Blackwell Road. Turn right when you reach the St. Rita Retreat Center Sign.

From the North: Take 1-5 to Gold Hill/ Jacksonville

exit 40. At stop sign turn left to Blackwell Road. Turn right and go exactly 1.5 miles to 10800 Blackwell Road.

EARLY REGISTRATION — \$200

REGISTRATION AFTER June 1st or at the door is \$210. Make checks payable to St. Rita Retreat Center. Your registration includes two nights lodging and meals. Remember to bring your towels and soap. Send \$25 to hold your reservation. Mail to Jim DeLong, 2554 Sherman Ave. North Bend, OR 97459 **Arrive and check in on Friday 4 to 6 pm. Dinner at 6:30. We will be finished by 10am on Sunday.** Allergy free. No dogs or perfumes please. 541-217-9630 or jadelong@hotmail.com for information.

“HEALING THROUGH FORGIVENESS” RETREAT REGISTRATION FORM

Name _____ Phone _____ e-mail _____

Address _____ City _____ State _____

Special needs _____ food allergies _____

I would like to help a brother or sister to attend by donating \$ _____

Total enclosed \$ _____ Make checks payable to **St. Rita Retreat Center**

Mail to Jim DeLong, 2554 Sherman Ave. North Bend, OR 97459
\$25 due by June 1, 2026 to hold your reservation.
For more information visit St. Rita’s website: <https://saintritareat.com>